

Skills in This Pack

A guide for parents, teachers and therapists.

Pencil Control and Graded Movement

pages 2 - 11

Narrowing channels and long sweeps. Targets pencil pressure, control of amplitude, and stopping accuracy.

Crossing the Midline

pages 12 - 15

Figure eights and full-width sweeps drawn in one movement, without swapping hands at the centre of the body.

Visual-Motor Integration

pages 16 - 23

Copy the design into the empty frame. The dot field is identical in both frames so the child can anchor corners and line ends.

Visual Perception

pages 24 - 31

Figure-ground (find the shape among overlapping outlines), form constancy (the same shape at other sizes and angles) and line tracking.

Hand Strength and Scissor Skills

pages 32 - 39

Cutting with graded difficulty, hole-punch targets and pinch strips for clothes-peg work.

Directionality and Handwriting Readiness

pages 40 - 50

Mazes, then letter and number formation grouped by stroke family.

Every page names the skill it targets in the footer.